

SPRING 2005

Parent/Guardian Volunteer Information Sheet

Listed below are information and explanations about volunteer opportunities for parents/guardians for Spring 2005. There are many volunteer positions available, some involving just a few hours or more ongoing projects. Please consider volunteering in any capacity you wish. Help from volunteers is vital for a successful rowing season!

So please read through the short descriptions of the different areas we need help in, ask questions, and please be generous with your time!

- **Baker Day:** This is held at the Mt Baker facility. Many things are going on at once, starting at 7:30 with the Baker Bash (race piece with all rowers), followed by our Spring Fundraiser, the Row-A-Thon, from 10:00am-noon. Activities throughout the day will also include the PARENT MEETING and brunch from 11:30am-1:00pm, and then we finish with community clean-up, which will consist of cleaning the shoreline of garbage and debris from south of our facility and north to Baker Beach.
- **Seattle Sprints:** This is hosted by and held at Mt Baker. Help with concessions – selling food. We need timers and runners to help with the race results. Experienced launch drivers are needed to be on the race course or at the start or finish line. This is a great way to see the races close up!
- **Chaperone:** Travel to Brentwood Regatta and/or Jr Regional Championships. Willing to sleep on a hard gym floor with roughly 120 athletes, for two nights. Get the best view possible to watch the races, get to know these great athletes, and be a 100% supporter of positive behavior. Food will be provided. This is a fun job!!
- **Regatta food tent:** Spend two hours working at the Mt Baker athlete food tent at away regattas. Help with breakfast, lunch, or dinner and be willing to laugh. This is by far one of the best ways to get to know the other athletes that your athlete spends 10 –15 hours a week with.
- **Team Photos:** Team Photo day, scheduled for May 11. Help the day of, organizing and setting up backdrops for athlete team pictures and assisting the photographer. Help with displaying pictures for ordering and help organize placing the orders. Also involves organizing the pictures after the orders come in and handing them out at the awards dinner.
- **Awards Night:** Scheduled for May 25, to be held at the South Lake Union Armory Building. Help with planning and organizing this event at the conclusion of the spring season. This is a fantastic event that all athletes look forward to. This takes many volunteers to put together both before and during the event. You will have help from Carole Button on this position.

We are always looking for ways to improve and expand so all of your comments are welcome; positive or critical. Please call or e-mail the Volunteer Coordinator, **Carole Button** with any questions, comments, or suggestions, at (phone) 425-271-4179 or (e-mail) jcbutton@qwest.net.



SPRING 2005 PARENT INFORMATION & SIGN UP SHEET



PLEASE RETURN BY FIRST DAY of PRACTICE, Monday, 02/07/05

Name(s): _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone: (day): _____ **(Eve):** _____ **(Cell):** _____

(Fax): _____ **(Parent/Guardian E-mail):** _____

Athletes full name: _____ **School / Grade:** _____

Athletes E-mail _____

Athlete is a (circle one): **Novice Boy** **Novice Girl** **Varsity Boy** **Varsity Girl**

I am interested in helping in the following ways:

Baker Day, March 12

- ☐ Baker Bash Regatta
- ☐ Row-A-Thon
- ☐ Brunch
- ☐ Boulevard Clean-up

Seattle Sprints, April 16

- ☐ Food Concessions
- ☐ Timers
- ☐ Runners
- ☐ Launch Drivers (experience required)

Chaperone at Away Regattas

- ☐ Brentwood Regatta, Apr 29 – May 1
- ☐ Jr Regional Championship, May 20-22

Food Tent at Away Regattas

- ☐ Green Lake Regatta, Sat. March 19
- ☐ American Lake, Sat. Apr 23
- ☐ Brentwood Regatta, Apr 29 – May 1
- ☐ Jr Regional Championship, May 20-22

Team Photo Day, May 11

- ☐ Assist day of
- ☐ Coordinate Orders
- ☐ Coordinate pick-up at Awards Night

Awards Night, May 25

- ☐ Set-up
- ☐ Clean-up
- ☐ Raffle Coordinator
- ☐ Decorations Coordinator

***Return this to Mt Baker:
BY FEB 07, 2005***

***3800 Lake Washington Blvd S
Seattle, WA 98118***

or FAX (206) 386-1914

THANK YOU IN ADVANCE FOR ALL YOUR SUPPORT!